Footloose



Newsletter of the Chicago Jitterbug Club

Why Do We Dance? Music City Bop Club Jitterbug Jive Adapted by Mary Lou in 1998 & 2020

A lot of people all wonder why we put so much energy into Jitterbug dancing. Considering all the fun things to do in this world, we do put a disproportionate amount of time and money into dancing. On the other hand, we could be asking why some people spend money to "go to the boats" or buy a shiny new car. Why do some people bike or golf or play in travel poker tournaments? When asked what we do, we sometimes call ourselves Dancers, although not in the professional sense. Dancing becomes a part of who and what we are; it makes us feel good. For some it's a timely escape from a day's reality. Here are just some of the reasons we dance.

Top Reasons

It's Great Exercise! I stopped going to the health club years ago and I haven't gained any weight since. I can get my aerobic exercise in and enjoy it. Have you ever seen people in an aerobics class smiling? fun

It's Fun! A lot of people go dancing. Its easy to make friends in the dance scene. You get to meet different kinds of people from all walks of like, all of whom love to dance.

The Music! There is a lot of great music to dance to, and our deejays find most of it.

There are so many Ways to Dance and so many partners to dance with, you can't get bored.

Anyone can do it: I can't tell the big-time executive from a trucker (if we have either, that's the point!). If you've got some rhythm and aren't afraid to move your feet on the dance floor, take a few of our free classes and you've got it made.

It's a great way to Meet People. Hey, you're supposed to go around and ask people to dance! Now you have an excuse to go up and talk to that interesting person across the room. He/she might become you next best friend.

It's Healthy: In general, most dancers do not smoke or drink. Dance environments are smoke-free and may even be alcohol free. We don't need the crutch of a cigarette or cocktail to relax and have fun.

3-Minute Relationships: You're not getting married; you're just dancing with someone for a few minutes. Think about it, you have a perfectly acceptable excuse to hold someone's hand for three minutes and when you're done, you can walk away to meet other people without feeling guilty.

Something to do with LOVE: If you're lucky in love, what better excuse to hold your honey in your arms in public without people giggling about it.

Dance and stay young! It has to be the fountain of youth. Dancing is something you can do the rest of your life. If you can dance well, people don't care if you are 20 or 70 and will enjoy partnering with you. I know I usually don't even think about the age of whomever I dance with. A great dancer will always be in demand, no matter what their age. If you aren't confident about your skills, plan to join in on our pre-dance lessons once they resume. You can brush up on your technique or maybe learn a new pattern or two.

Problems with your email or to send news, message Editor MaryLou@ChicagoJitterbugClub.org.

For dance info, email Past President Barb@ChicagoJitterbugClub, or call 630/257-6479.

Visit us and like us on Facebook, then apply to join our (closed) Group!

ChicagoJitterbugClub.org

CJC Board of Directors

President

Gene Bylina.

Vice President

Carol Green

Secretary

Arlene VanHouten-Maynard

Treasurer

Tony Zawacki

Board Members

Mary Lou Poremba

Slim Waschke

Past President

Barb Buschman

Want a Voice in CJC?

We are looking to fill an open position on our Board of Directors. The only requirement is being a member of CJC for one year and willingness to be ready to help at our dance parties. Duties during a dance include being available to help at the door in a pinch, occasionally providing an extra pair of hands during social events, and/or helping with the 50/50. Board meetings are held on a weekday at the Elks Lodge every other month and last about two hours. It is at these meetings, that most important decisions about Club operations are discussed and finalized. Board Members get free admission to the regular dance parties, and generally have a lot of fun helping out. So if you're friendly, like meeting new people, seeing people have a good time, and can help your Club, we'd like to hear from you!



Sad to report that long-time member and enthusiastic supporter Lorraine Ciccio went home to God July 16th. She passed away peacefully surrounded by dedicated husband Vic and their children. Lorraine suffered these last 20+ years from MS but she kept her beautiful sunny disposition, even as the disease progressed and she ultimately gave up dancing. But "Lor" and Vic kept coming to dance parties to visit their friends and second family. Our love and sympathy go out to Vic and the Ciccio family and to their many friends on the loss of this warm, lovely lovely lady. We will miss her greatly.



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Jim DeBickero	June 1
Gerard Woloszyk	June 1
Linda Koppel	June 4
Dan Faloona	June 5
Debbie Smith	June 8
Dolly Swiszcz	June 9
Jack Boyle	June 16
Gene Bylina	June 20
Carl Pignato	July 3
Phyllis Adams	July 4
Teri Galka	July 4
Arlene Waschke	July 4
Bob Wilkison	July 4
Judie Collins	July 5
Phil Jorgensen	July 5
Ed Poremba	July 5
Anne Anderson	July 10
Slim Waschke	July 21
Manny Gonzalez	July 23
Bob Kurth	July 23
Carol Crosson	July 30
Kitty Shannon	July 31
Martha Kinnaman	August 1
Arlene Maynard	August 3
Catherine Verworren	August 5
Mike Lapina	August 7
Shirley Medley	August 10
Evelyn Vanek	August 13
Bob Thomas	August 14
Jim Zaluba	August 16
Bill Dimoff	August 17
Carol Kroemer	August 21
Vic Ciccio	August 22
Jean Engelbrecht	August 22
Ed Ciemny	August 24
Shirley Krenkel	August 29
Marianne Ronquillo	August 30
Judy Fairfield	August 31











Les Bon Temps Rouler - February 22, 2020







Mardi Gras 2020 - Photos by Carol Green





SAVE THIS PAGE!



We're Celebrating our Veterans

Something new this year, the CJC is joining forces with the Elks Club to boost their annual Veterans Donation Drive. We had a Backpack Drive set for May because we realized that veterans' needs exist all year, but that was before the corona virus canceled our May Memorial Day Dance Party. So we are co-sponsoring the donation drive during October in support of our veterans and Elks, who will benefit from our help. In return, the Elks earn a government grant from our donation to help purchase additional supplies for the veterans.

The list of items needed for the Backpack Drive is below. Once everything is collected, the Elks will then fill the backpacks for distribution to the vets. You can bring your items (regular size, please) to any of our dances in October. Any donations on the list will greatly be appreciated! Leftover/unpacked donations received will be donated directly to the VA homes. Please keep this list handy when you shop for what you can afford to donate.

Thank you!



BACKPACK LIST FOR VETS

(Use this when shopping!)

Male Vets' Drawstring Bag Items

2 Bic Razors

1 Gillette Shaving Cream (can)

1 Bar of Lever Brand Bath Soap

1 Comb

1 Box of Q-Tips

1 Deodorant

1 Toothbrush

2 Toothpaste

2 Bathroom Wipes

2 Hand Sanitizers

2 Body Lotions

1 Kleenex

2 Mouthwash

1 Shampoo

Lady Vets' Drawstring Bag Items

Disposable Razors

Shaving Cream or Gel

1 Bar of Lever Brand Bath Soap

1 Hair Brush

1 Box of Q-Tips

1 Deodorant

1 Toothbrush

2 Toothpaste

2 Bathroom Wipes

2 Hand Sanitizers

2 Body Lotions

1 Kleenex

2 Mouthwash

1 Shampoo

Inside / Outside Party

A Private Event for CJC and CWCJC Members only
Sunday July 26th
Elks Lodge
4428 W Midlo Tpk
Admission: Free

We will have dancing, tables and chairs outside and for this gathering. You are welcome to sit where ever you feel most comfortable. Hand sanitizer will be available at the entrance and throughout the location. Party Doll will be playing her tunes and the bar will be open for business.

We do however have a few things we need to address:

- All who attend are required to wear face masks over nose and mouth.
- Minimize bringing along your personal belongings. Gym shoes are suggested for dancing outside.
- But you may bring your own hand sanitizer or bug spray if you choose.
- NO outside food will be allowed to this event. CJC will have free individual snack treats available.
- This event is designed for general socializing and dancing and dancing outside. We have decided to sponsor this re-acquainted dance as the Elks Club is opened to the general public on 07-01-2020. We also want to convey that we truly understand if you are still uncomfortable about moving into Phase 4 and chose not to attend.

We do ask you to respond and let us know if you are interested in attending by contacting Arlene M. @ vanhouten.maynard@comcast.net or call Arlene @ 708-468-8607 so we can stay in compliance with Phase 4 requirements.



Chicago Jitterbug Club
Alsip, IL 60803
www.chicagojitterbugclub.com
Proud Member:
American Bop Association
First Premier Cruise Club–2006
Premier ABA Cruise Club–2010
Premier ABA Cruise Club–2013
Premier ABA Cruise Club–2014
Premier ABA Cruise Club–2015
Retired

Stay Safe, Stay Well Note: Late Renewal Fees Waived Reacquainted Party on July 26th





Board Meeting Highlights

- Reacquainted Get-together, Sunday July 26. See your friends 5 8 PM
- Logistics: tables & chairs outside, shade, bar, music, sanitizer, snacks, fun
- Renewal Late Fees waived to support our members
- Guest Dance Lesson with Catherine LeSoleil (Date TBD)
- Board opening for Member-at-Large,
- Vets Collection October (See inside)
- Free pre-dance Jitterbug/Swing lessons by Mary Lou planned (Date TBD)
- Liability insurance renewed for Officers and Directors, @ approximately \$800/yr
- Club Not-for-Profit Annual Charter renewed

Note: Although the Elks Lodge (a private club) is open, we will have to depend on updating you electronically on future dances should Coronavirus uptick again and more "shelter in place" restrictions get enacted. Your safety is paramount, so keep watching your email, even better <u>follow us on Facebook</u> for the latest news. Let us know if you like the idea of the Outside/Inside Dance Party. ML